




THRIVE WORKSHOP

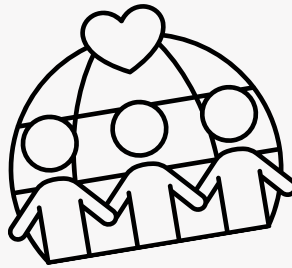
BUILDING THE WORLD WE DESERVE: YOUTH LEADERSHIP, CARE, AND COMMUNITY POWER

 SATURDAY JULY 25th 2026

 2:00 PM – 5:00 PM

 communityharmonyyouth@spcpeel.com
(905) 629-3044

 **Sheridan College**
7899 McLaughlin Rd, Brampton
ON L6Y 5H9
Room C328
(Free Parking)







Iman Kaur

Meet The Facilitator:

Iman Kaur is a community leader and social policy professional with over 10 years of experience in frontline services, community development, and policy work. Her focuses include housing stability, youth leadership, and building equitable community systems.

She began her career with the Halton Regional Police Service before moving into social services supporting individuals and families facing housing instability and poverty.

Learn all About

-  Leadership basics
-  Business planning fundamentals
-  Time management skills
-  Networking and confidence building